## Amendments to the Claims:

This listing of claims will replace all prior versions, and listings, of claims in the application:

## **Listing of Claims:**

1. (Currently Amended) A rolling guide apparatus including comprising:
a track rail with projected portions projecting left and right, comprising a thin
central plate portion with first and second ends, first and second rolling member
contact plates projecting outwardly from said second end, and first and second fixed
plates projecting outwardly from said first end; and
a movable block having at least four sets of endlessly circulating rolling
member rows built therein which are in rolling contact with upper and lowerat least
two surfaces of said left and right projected portions first and second rolling member
contact plates of said track rail,

characterized in that said track rail has an elastically deformable flexible structure comprising: awherein said thin central plate portion being has a length which is at least three times a thickness of said thin central plate portion and which is elastically deformable to the left or right; said thin projected portions projecting to the left and right from an upper end portion of said central plate portion and being flexibly deformable in a vertical direction; and fixed plate portions projecting to the left and right from a lower end portion of said central plate portion between said first and second ends by forces placed on said rolling member contact plates and said fixed plates.

- 2. (Original) The rolling guide apparatus as set forth in claim 1, wherein said track rail is formed by welding together back sides of bottom plate portions of a pair of rail members each having a channel-shaped cross sectional configuration.
- 3. (Original) The rolling guide apparatus set forth in claim 1, wherein said track rail is formed into an integral structure by drawing.

- 4. (Currently Amended) The rolling guide apparatus as set forth in claim 1, wherein said track rail comprises a cover plate molded from precision-sheet steel into a circular arc shape and a base member welded by electrodeposition to said cover plate; said thin left and right projected portions being flexibly deformable in a vertical direction are formed by said cover plate, and said central plate portion and said fixed plate portions are formed by said base member.
- 5. (Currently Amended) A rolling guide apparatus as set forth in claim 1 wherein two rolling guide apparatuses are arranged in a vertically opposite relation with respect to each other with their respective track rails being disposed orthogonal to each other, and two movable blocks are coupled with each other in back-to-back contact to form an integral structure so as to be movable in two orthogonal directions.
- 6. (Previously Presented) The rolling guide apparatus as set forth in claim 1, wherein said track rail comprises a rectilinear rail.
- 7. (Previously Presented) The rolling guide apparatus as set forth in claim 1, wherein said track rail comprises a curvilinear rail curving in a vertical direction.
- 8. (Previously Presented) The rolling guide apparatus as set forth in claim 1, wherein all said rolling members of said four sets of endlessly circulating rolling member rows comprise balls.
- 9. (Previously Presented) The rolling guide apparatus as set forth in claim 4, wherein two left and right rows of endlessly circulating rolling members located at an upper side of said projected portions comprise rollers having their rolling face portions of a circular arc configuration, and said rolling members located at a lower side of said projected portions comprise balls.

10. (Previously Presented) The rolling guide apparatus as set forth in claim 5, wherein said upper and lower track rails are fixedly secured to centers of mounting plates, respectively, with end portions of said mounting plates being fixedly attached to counterpart mounting surfaces.